### > ABOUT US

Changing Phases Behavioral Support Inc. (CPBS) is a professional organization that is known for providing Mental Health and Substance Abuse Services Since February 2006. Changing Phases has experience in providing everything from Residential Treatment, Substance Abuse Groups, Individual Counseling and Assessments in North Carolina. Changing Phases also currently provides Community Based services in the Greater Atlanta Area. Changing Phases recently decided to incorporate outpatient opioid treatment services as another measure to successfully address ongoing opiate dependence. Changing Phases takes great pride in maintaining the values, mission, and direction of the organization. Changing Phases always provides a comprehensive treatment experience resulting in a desire for the best outcome possible for all persons served.

### > WHAT WE DO

Changing Phases recent addition in the Cobb County Area will be utilized to also operate as an outpatient opioid clinic. Our treatment clinic is specifically designed for persons addicted to the opioid class of drugs, including prescription pain medications and heroin. Patients are enrolled into a comprehensive program which includes individual and group counseling to address psychological and social needs in addition to chemical dependence. Our national treatment values are:

- Support the recovery, stabilization and well-being of patients
- Enhance and promote the quality of life for all patients served through a harm reduction model
- Reduce symptoms associated with opioid use and dependency and build individual resilience as part of a relapse prevention strategy
- Teach and model ways to help patients restore and/or improve their daily functioning and life skills
- Support patients as they re-integrate into their communities of choice, families, and/or support systems served.

# **OUR MISSION**

Our Mission is to promote life changing experience in the quality of life and emotional well-being of the citizens in the state of Georgia.

We advocate, encourage and exemplify the barrier-free delivery of responsive, innovative treatment services in the environment of dignity and respect for all persons served

Our values are simply delivered through honesty, quality and service to all individuals in need of opioid treatment and services



CHANGING PHASES

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TREATMENT SERVICES

**Enrolling Now!** 

## METHADONE FACTS

One of methadone's most common uses is in helping people with opioid addictions to gradually detox and recover with the goal of ultimately ending their addiction and drug use entirely. What is methadone, and why do we use it to treat opioid addiction? Methadone is a synthetic opioid medication. Like other opioids including morphine, heroin, and buprenorphine, methadone affects how your body senses pain. However, it has a slower-acting and longer-lasting affect that makes it less addictive, longer-lasting, and ideal for long-term treatment.

#### ➤IS METHADONE SAFE?

Any drug carries the potential for harmful interactions or overdose, and methadone is no exception. Medication-Assisted Treatment (MAT) using methadone has proven to be one of the safest ways to recover from serious addictions to opioid painkillers like heroin. As part of a narcotic replacement therapy program, each patient is treated individually and given careful supervision with regards to dosage and use of other medications with the potential for harmful interaction.

#### >HOW LONG DOES TREATMENT LAST?

Your treatment program will be tailored to your individual needs. Some people's programs may end as quickly as a few months, while others may last over a year. MMTs are useful for people that are vulnerable to relapse and high-risk behaviors such as IV drug use, unsafe sexual behaviors, illegal activity, and overdose.



## SUBOXONE:

### > WHAT IS SUBOXONE, AND HOW IS IT **USED FOR DETOXIFICATION?**

It contains a low dosage of the opioid agonists, which helps patients to start to discontinue the use of addictive opiates by decreasing the feelings of withdrawal symptoms. With the help of Naloxone it will then block the effect of the addictive properties that narcotics can contain. How it works, the Naloxone can act as a binder which will block receptors and can prevent addictive receptors from being activated. Suboxone is a great way to slowly start easing off the addictive drugs. Person Served can use this as a way to start detoxifying and when they are going through withdrawal periods. Statistically many patients have seen great results with the help of Suboxone.

# SERVICES:

### OUR COMPLETE RANGE OF **SERVICES:**

- Individual Counseling
- Case Management and Counseling
- Drug Abuse Recovery Education
- Methadone Medical Withdrawal
- Physical Examinations
- Pregnancy Testing
- Blood Work
- TB Testina



